### Privacy

The SAP team information is completely confidential and the team will respect you and your child's privacy at all times.

If you would like more information on SAP, go to our school website at <u>www.williamsburg.k12.pa.us</u>. A tab for SAP is available at the top of the elementary homepage. High School SAP information can be found under the Guidance tab on the high school home page.



"All students will be given the opportunity to succeed in a changing world and become positive contributors to society." -Williamsburg Community School District Mission



The Student Assistance Program (SAP) can help children experiencing barriers to learning.

#### A Guide for Parents/Guardians

### What Is SAP?

A SAP team made up of school and agency staff is available to help you access school and community services for your child. In Pennsylvania, every school district is required to have a plan for identifying and assisting students who experience barriers to learning. Our school district has two Student Assistance Program, Williamsburg Elementary Student Assistance Program and Williamsburg High School Student Assistance Program. Both teams are known as SAP teams.

The SAP team will help you find services and assistance within the school, and if needed, in the community. We do not diagnose, treat, or refer your child for treatment. We will provide you with information and you make the choice(s) that best fit your needs and wishes. As the parent/guardian you are an important part of the team.

Student Assistance Program Are You Worried About Your Child?



# Williamsburg Community

## School District

- Changing friends
- Unexplained physical injuries
- Feeling sad
- Talking about suicide
- Defying authority, both at home and school
- Acting aggressively
- Hitting
- Lying
- Needing money without a good explanation
- Declining grades
- Experimenting with alcohol or drugs
- Back-talking staff

# Are You Concerned about Your Child's Reaction to...?

- Recent death of a loved one
- Divorce of parents
- Family relocation
- A relationship problem
- Bullying
- Other traumatic event

# How Does My Child Become Involved in the SAP Program?

Anyone can refer a child to the SAP team. Some students are referred by teachers or other school personnel. A friend or family member can also let the SAP team know that they are worried about someone. The

# Do You See Your Child Showing Any of These Behaviors?

• Withdrawing from family, friends, and/or activities

child can even go directly to a member of the SAP team to ask for help. Schools will gather information to determine how a student is doing in their classes. However, the SAP team will not proceed unless you give your written parent permission. Once permission is received, the SAP team will work with you to develop a plan of action to help your child achieve success in school. *Participation in the program is voluntary.* 

### What If Someone Has Referred My Child to SAP?

A SAP team member will contact you regarding your child's referral to the program. You will be asked to sign a permission form for the SAP process to continue. The SAP team will work with you and your child throughout the process. As a parent, your knowledge and thoughts about your child will be helpful in developing a plan of action. If you need more information before making a decision about SAP, please feel free to talk to a SAP team member.

### How Do I Contact the SAP Team?

If you have any questions about SAP or you feel that your child may need help, call (814-832-2125) the Williamsburg Community School District to speak with any of the following team members:

### Williamsburg Elementary SAP Team

Jennifer Metzler—Elementary Principal Camala Gilbert—Teacher Christine Ebersole—School Nurse Carrie Loose—School Counselor Rashonda Coffee—UPMC Behavioral Health SAP Liaison Renee Swogger—Home Nursing Agency Outpatient Therapist

### Williamsburg High School SAP Team

Michael Jones—High School Principal Carrie Loose—School Counselor Christine Ebersole—School Nurse Richard Baronner—teacher Mike Farrell—teacher Jana Mock—teacher Rashonda Coffee —UPMC Behavioral Health SAP Liaison Renee Swogger—Home Nursing Agency Outpatient Therapist

